



Solrosen (The Sunflower) provides support for children, adolescents and families with a parent or family member in prison, detention or on parole. Having a parent who is incarcerated may cause a crisis and can create feelings of guilt. At Solrosen's activity and support center, children are able to express these feelings within a secure environment, guided and supported by professionals. Talking about your situation amongst others who have shared the same experience could reduce the feeling of being alone.

The staff is experienced and well educated to meet the needs of parents and children. We have great knowledge about the Swedish Prison and Probation Service. The staff regularly visit prisons in Gothenburg and municipalities within the area to inform and support staff and clients about our services.

All our services are free of charge for caretakers and children.

All our staff have professional secrecy.

Solrosen offers:

- Individual counselling (including information and support) to children, young people and families of prisoners
- Non-prison based recreational activities with children and families
- Support groups for children, young people and families
- Parental support for imprisoned parents
- Offering the possibility to write lyrics and music as a tool to process
- Awareness-raising and advocacy work
- Lecturing for penitentiary and other stakeholder education

For more information or to book an appointment, please feel free to contact us!

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